

How to introduce simple wellbeing benefits to reduce absence costs

Dr Catherine Rutland
MA BChD IRMCert

**Senior Dental Advisor at Denplan and Joint
Principle Dentist at Broadway Lifesmiles, Thatcham**

That's the world of Denplan for you.





**The mouth is the window to the
body.....**

What is rated as 'important' to patients who visit regularly (at least once every two years)?

1. Trust (94%)

82% of adults agree that poor oral health can have a significant impact on your overall health

75% of adults agree that signs of serious disease and illness can be detected in their mouth by their dentist

**Denplan's
Consumer Oral
Health Survey 2016**

YouGov Plc

The background features two large, overlapping circles. The circle on the left is a solid green color, while the circle on the right is a lighter, semi-transparent green. A smaller, solid green circle is positioned within the larger, lighter green circle.

What are the biggies?

Heart Disease

Strokes

Diabetes

Giving birth to a premature or low weight baby

Lung disease

**What else are
we looking
for?**

Oral Cancer

Signs of blood disorders

Gastrointestinal problems

Skin lesions

Eating disorders.....

And so much more!





But don't forget...

In 2012, 415,000 employees took time off due to a dental problem....

1.1 million took time off to look after a child suffering with their oral health

Research in 2013/14

**Dental/Oral absence is 41% higher
amongst men than women**

Average absence length (days)

2.37 Dental/Oral problem

2.10 Diarrhoea/Vomiting

1.88 Headache/Migraine

**First Care
Management
Solutions**

**And last, but not
least**

**National Smile Month
currently running and
would remind you;**

**2/3 of people have less
respect for a boss with bad
oral health!!!**

