

Do EAPs have an image problem?

Busting the myths and how to make your EAP the cornerstone of your wellbeing strategy

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What does good look like?

3%?

10%?

But are we measuring the right thing?

Employee engagement is a product of messaging

“An employee assistance programme (EAP) is an employee benefit programme that assists employees with personal **problems** and/or work-related **problems** that may **impact** their job performance, health, mental and emotional wellbeing.”

Big Brother Syndrome

My manager will find out

HR are tracking it

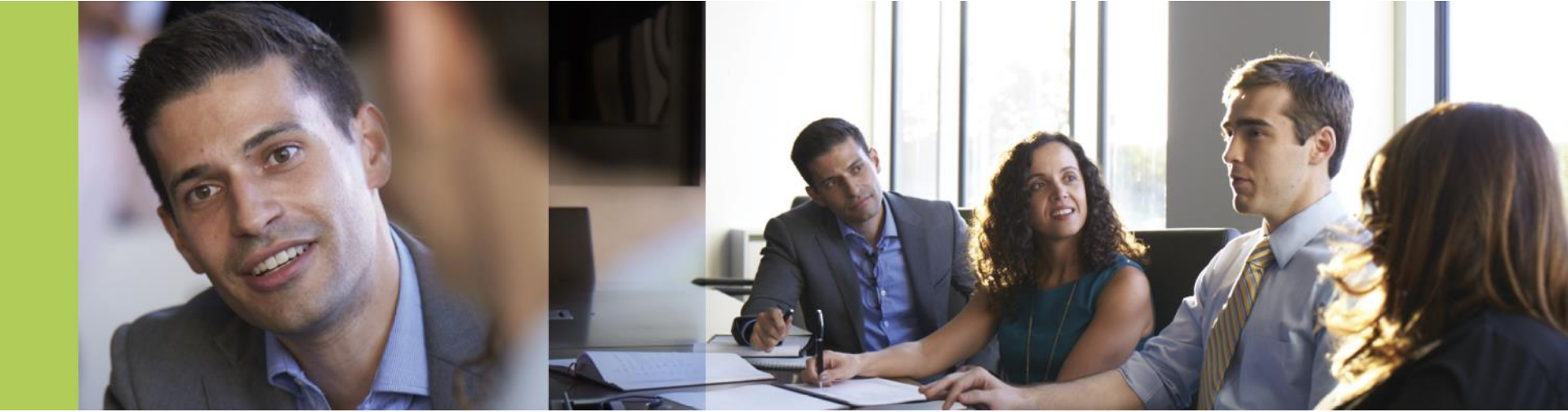
A facelift can make a big difference



A rounded approach to wellbeing



ROI on EAPs – the hidden benefits





Navigating life together

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